

Runmums Ltd
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29th September 2017

Waverley Viaduct – Reopening

As the director and business owner of Runmums Ltd and the director of Carlisle junior parkrun, I am very passionate about promoting the importance of Health and Fitness and the benefits that it offers to our community in terms of our Health and mental well being.

As part of our weekly runs we often take groups of runners along the attractive rivers routes and until recently these have been limited due to the number of bridge closures and eroded paths.

With this in mind, I'm in favour of the opening of the Waverley Viaduct as this will provide us with access to alternative routes.

Running over the last few years has become one of the fastest growing sports. Having the opportunity to run off-road rather than on-road is by far a healthier option and it would be a shame to see this limited due to the amount of bridge closures we currently have in place.

Kind regards

Vanessa Strickland
Runmums and Carlisle junior parkrun